Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Examination of Conscience

Before reading to the Word of God take a moment to reflect:

- What am I grateful to God for today?
- Where did I stray from God: through words, actions or things I did not do.
- How might I do better tomorrow?
- What grace do I ask from God in order to live more closely in his love.

You may wish to conclude by saying:

Lord Jesus, you have revealed yourself as the way to the Father: Lord, have mercy. You have poured out on your people the Spirit of truth: Christ, have mercy. You are the Good Shepherd, leading us to eternal life: Lord, have mercy.

The Word of God

First Reading

A reading from the first book of Samuel.

1 Samuel 16:1. 6-7. 10-13

The Lord said to Samuel, "Fill your horn with oil and go. I am sending you to Jesse of Bethlehem, for I have chosen myself a king among his sons." When Samuel arrived, he caught sight of Eliab and thought, "Surely the Lord's anointed one stands there before him," but the Lord said to Samuel, "Take no notice of his appearance or his height for I have rejected him; God does not see as man sees; man looks at appearances but the Lord looks at the heart." Jesse presented his seven sons to Samuel, but Samuel said to Jesse, "The Lord has not chosen these." He then asked Jesse, "Are these all the sons you have?" He answered, "There is still one left, the youngest; he is out looking after the sheep." Then Samuel said to Jesse, "Send for him; we will not sit down to eat until he comes." Jesse had him sent for, a boy of fresh complexion, with fine eyes and pleasant bearing. The Lord said, "Come, anoint him, for this is the one." At this, Samuel took the horn of oil and anointed him where he stood with his brothers; and the spirit of the Lord seized on David and stayed with him from that day on.

Psalm

Psalm 22

The Lord is my shepherd; there is nothing I shall want. Fresh and green are the pastures where he gives me repose. Near restful waters he leads me, to revive my drooping spirit.

He guides me along the right path; he is true to his name.

If I should walk in the valley of darkness no evil would I fear.

You are there with your crook and your staff; with these you give me comfort.

You have prepared a banquet for me in the sight of my foes. My head you have anointed with oil; my cup is overflowing. Surely goodness and kindness shall follow me all the days of my life. In the Lord's own house shall I dwell for ever and ever.

Gospel Reading

A reading from the holy Gospel according to John.

John 9:1. 6-9. 13-17. 34-38

As Jesus went along, he saw a man who had been blind from birth. He spat on the ground, made a paste with the spittle, put this over the eyes of the blind man and said to him, "Go and wash in the Pool of Siloam" (a name that means "sent"). So the blind man went off and washed himself, and came away with his sight restored. His neighbours and people who earlier had seen him begging said, "Isn't this the man who used to sit and beg?" Some said, "Yes, it is the same one." Others said, "No, he only looks like him." The man himself said, "I am the man."

They brought the man who had been blind to the Pharisees. It had been a Sabbath day when Jesus made the paste and opened the man's eyes, so when the Pharisees asked him how he had come to see, he said, "He put a paste on my eyes, and I washed, and I can see." Then some of the Pharisees said, "This man cannot be from God: he does not keep the Sabbath." Others said, "How could a sinner produce signs like this?" And there was disagreement among them. So they spoke to the blind man again, "What have you to say about him yourself, now that he has opened your eyes?" "He is a prophet" replied the man. "Are you trying to teach us," they replied "and you a sinner through and through, since you were born!" And they drove him away.

Jesus heard they had driven him away, and when he found him he said to him, "Do you believe in the Son of Man?" "Sir," the man replied "tell me who he is so that I may believe in him." Jesus said, "You are looking at him; he is speaking to you." The man said, "Lord, I believe," and worshipped him.

Prayers

Intercessions

Pray for family and loved ones so that they may be held in God's compassionate care. Pray for other countries who are struggling with the effects of the COVID 19 virus.

If the following intentions are said in a family or other small group you may wish to conclude each one with the response:

Lord, in your mercy. Hear our prayer.

For those in authority: may they offer advice with care and integrity, may they seek to protect the poor and vulnerable.

For all who work in healthcare: give strength to all who look after the sick so that they may bring comfort and relief to the suffering.

For the Church: may she offer prayers and consolation for all those affected.

For our local community and all for those in need: may those who are isolated know the support and service of their neighbours.